

Number: _____



Fitness@Crestwood

Membership Form

Fee	Payment Options
<input type="checkbox"/> 1 Month Membership (\$ 30.00)	<input type="checkbox"/> Cash
<input type="checkbox"/> 3 Month Membership (\$ 75.00)	<input type="checkbox"/> Cheque
<input type="checkbox"/> 6 Month Membership (\$ 125.00)	<input type="checkbox"/> Visa
<input type="checkbox"/> 1 Year Membership (\$ 225.00)	<input type="checkbox"/> Mastercard
<input type="checkbox"/> Locker Rental for 6 months (\$ 30.00)	<input type="checkbox"/> Interac

The above membership rates are plus tax

By checking here, you are providing your express consent to receive electronic communications about services or products that may be of interest to you such as fitness tips, classes or programs, upcoming events and special offers. You may withdraw your consent at any time.

Last Name: _____ First Name: _____

Tenant Information

Company: _____ Security Card # _____

Email: _____ Work Number: _____

Emergency Contact Information

Contact Name: _____ Telephone (h): _____ (w) _____

Family Doctor's Name: _____ Telephone: _____

For office Use Only: Payment collected at time of renewal: Yes _____ No _____

Start Date (mm/dd/yy): _____ Expiry Date (mm/dd/yy): _____

Amount Collected: \$ _____ (including tax)

Cash _____ Interac _____ Cheque _____ Visa _____ Mastercard _____ Amex _____

Receipt #: _____ Card Activated?

Excel: _____ Access: _____ Mail List: _____ Email: _____

**RELEASE OF LIABILITY, WAIVER OF CLAIMS
ASSUMPTION OF RISKS AND INDEMNITY
AGREEMENT
BY SIGNING THIS DOCUMENT YOU WILL
WAIVE CERTAIN LEGAL RIGHTS, INCLUDING
THE RIGHT TO SUE PLEASE READ CAREFULLY!**

TO: Owners and Operators of Fitness at Crestwood Corporate Centre, GWL Realty Advisors Inc. and Curtis Personalized Health Management Ltd. (together, the 'COMPANY')

In this agreement, the term "FITNESS ACTIVITIES" shall mean weight lifting, weight training, aerobics and personal fitness or training activities of any kind and shall include all instruction, training, demonstrations and use of the COMPANY gymnasium equipment and facilities located at 13711 International Place, Richmond, BC, V6V 2Z8 (the "FACILITIES").

ASSUMPTION OF RISKS

I am aware that FITNESS ACTIVITIES involve many risks, dangers and hazards including, but not limited to mounting, using and disembarking fitness or exercise equipment, moving, loading, lifting, securing and unloading free weights and other fitness equipment components; dropping free weights and other fitness equipment components; loss of control; entrapment; dehydration; over-exertion; fainting; muscle strain; angina; stroke; aneurysm; circulatory or respiratory problems; collision or contact with other fitness or exercise participants; failure to engage in FITNESS ACTIVITIES safely or within one's own ability or within designated areas; negligence of other persons participating in FITNESS ACTIVITIES on or about the FACILITIES; and **NEGLIGENCE ON THE PART OF THE COMPANY OR ITS AGENTS OR OTHER EMPLOYEES, INCLUDING THE FAILURE ON THE PART OF THE COMPANY OR ITS AGENTS OR OTHER EMPLOYEES TO SAFEGUARD OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF FITNESS ACTIVITIES.**

I AM AWARE OF THE RISKS, DANGERS AND HAZARDS ASSOCIATED WITH FITNESS ACTIVITIES AND I FREELY ACCEPT AND FULLY ASSUME ALL SUCH RISKS, DANGERS AND HAZARDS AND THE POSSIBILITY OF PERSONAL INJURY, DEATH, PROPERTY DAMAGE AND LOSS RESULTING THEREFROM.

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT In consideration of THE COMPANY providing and permitting my use of the FACILITIES and other good and valuable consideration, the receipt and sufficiency of which is acknowledged, I hereby agree as follows:

1. TO WAIVE ANY AND ALL CLAIMS that I have or may have in the future against THE COMPANY, and its directors, officers, employees, agents, representatives, successors and assigns, (all of whom are hereinafter collectively referred to as the "RELEASEES"), and to RELEASE THE RELEASEES from any and all liability for any loss, damage, expense or injury including death that I may suffer, or that my next of kin may suffer from either my use of or my presence on or about the FACILITIES DUE TO ANY CAUSE WHATSOEVER, INCLUDING NEGLIGENCE, BREACH OF CONTRACT, OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE, INCLUDING ANY DUTY OF CARE OWED UNDER THE OCCUPIERS LIABILITY ACT, R.S.B.C. 1996, c.337, ON THE PART OF THE RELEASEES, AND ALSO INCLUDING THE FAILURE ON THE PART OF THE RELEASEES TO SAFEGUARD OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF FITNESS ACTIVITIES REFERRED TO ABOVE.

- 2. TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES from any and all liability for any damage to property of or personal injury to any third party, resulting from my use of or presence on or about the FACILITIES;
- 3. This Agreement shall be effective and binding upon my heirs, next of kin, executors, administrators, assigns and representatives, in the event of my death or incapacity;
- 4. The Agreement shall be governed by and interpreted in accordance with the laws of the Province of British Columbia; and
- 5. Any litigation involving the parties to this Agreement shall be brought within the Province of British Columbia.

In entering into this Agreement I am not relying upon any oral or written representations made by the RELEASEES with respect to the safety of FITNESS ACTIVITIES other than what is set for in this Agreement.

I HAVE READ AND UNDERSTAND THIS AGREEMENT AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN LEGAL RIGHTS WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS, ASSIGNS AND REPRESENTATIVES MAY HAVE AGAINST THE RELEASEES.

Name: (Print)	Date of Birth	Signature	Date	Witness												
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General Policies:

1. Please use all equipment as it was designed and **replace** all equipment after use.
2. Please wear proper **clean** gym attire at all times, (such as runners, shorts/tights/sweats, shirts, and socks). No sandals, dress or casual shoes, or boots permitted, and please do not wear muddy shoes into the gym area.
3. Please refrain from chewing gum while in the fitness facility.
4. Please be courteous to other members and wipe down equipment after use with the spray bottles provided.
5. If another member is waiting, please abide by the time limits set on the cardio equipment.
6. During busy times, please allow other members to work-in on the free weight and weight machines with you.
7. Outside guests and family members are not permitted in the fitness centre.
8. The Management reserves the right to remove any Member from the premises for any reason whatsoever.

- I understand that my membership is for a minimum of 1 month.
- Reasonable refund arrangements requested **in writing** one month in advance will be made for individuals whose contract may expire, their work location is transferred, or for those with medical problems. Refunds will apply only to full months remaining.
- I agree to abide by all rules and regulations set forth by Fitness @ Crestwood.

Date (dd/mm/yy):

Signature: _____

Date (dd/mm/yy):

Witness: _____

