

APRIL SUBS AT METROTOWER FITNESS

We try our very best to find subs for all the classes. The schedule is subject to change based on Instructor availability.

April 1st 5:10pm Monday Madness - TBD

April 4th 4:10pm Spin Cycle – Angela

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EASTER MONDAY

Due to anticipated low attendance, the following is the schedule for

Easter Monday April 22nd, 2019

11:10am No Class

12:10pm Barre with Lara

1:10pm No Class

5:10pm No Class

Regular class schedule will resume the following day.

April 23 5:05pm Flow Yoga – Tim

April 25th 1:10pm Pilates - Jenni