

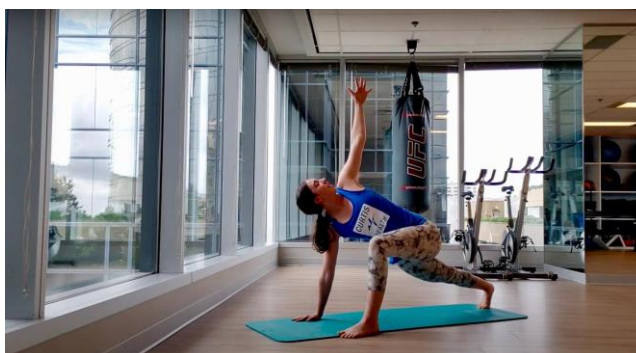
## CURTIS HEALTH'S ONLINE CLASSES ARE IN FULL FORCE AND ONLY GETTING BETTER! COME JOIN THE FUN!!

The virtual class experience with Curtis Health:

- Seasoned instructors who are dedicated to your success
- More variety of class formats, class times, and niche instructors
- Tunes that will inspire you to move by *Power Music*
- A greater quantity of classes
- A growing online community getting stronger together
- A simplified, clear, step by step registration process on Zoom. Calendar integration so you never miss a workout
- Zoom troubleshooting resources at your fingertips and IT support
- Upgraded tech

**Don't take our word for it, check out what some of our participants are saying!!**

[See video testimonials](#)



Check out our [Virtual Studio](#) page for:

- Current class schedules
- Our [class sample video](#) for a sneak peak at some of our most popular classes
- A [video tutorial](#) on the steps to register for and join our Zoom classes
- [Zoom FAQ's](#)
- [Instructor Bios](#)



Contact your site lead or [virtual\\_group\\_fitness@curtishealth.com](mailto:virtual_group_fitness@curtishealth.com) for more info!