

# Is Your Existing Fitness Centre Dated, Under-Utilized or in Need of a Refresh?



## Fitness & Wellness Centre Space Planning

With over 30 years of fitness facility management and 35 fitness centre designs completed, **Curtis Health** will bring a unique skill set for best results for both new and current fitness centre spaces. We draw on leading industry trends and our experience to attract and retain tenants, create value to properties and establish a positive, health focused environment for the well-being of all involved.



### Facility Space Planning

Curtis Health can start with a new space or create A fresh new space plan for your existing facility bringing life and people back to your fitness centre.

- Space planning and (re)design
- Solutions for updating and refreshing the space
- How to upgrade the existing equipment



### Fitness Centre Equipment Sourcing and Installation

We work with you to review site needs and budget to determine what is best for you, and your tenants and employees.

- We source the best rate (our volume and history command the best rates)



### Fitness Centre Management and Operations

Curtis Health manages and operates properties, office towers, business parks and corporate fitness centres. For over 30 years we have created the best possible environment through fitness, health and wellness programming for tenants to thrive and succeed in realizing happy, healthy, positive, productive, high performing, resilient and profitable companies.



**We take the guess work out of getting the most of your site for your people**

*Call us Today for a FREE Quote*

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