



Family Fun in the Fall

Fall is in the air and the Lower Mainland is in fine form with sunny days, cool nights and the leaves changing colours. It's a great time to take advantage of the weather before the cold and rain sets in! If you're looking for something to do on your own or with friends and family in tow, check out the list below. As always, a quick visit to websites will give you all the important information you need to know before you go.

- Maplewood Farms (North Vancouver) – a great place to check out some fun farm animals like bird, goats, chickens, cattle, rabbits, horses, pigs and more. The kids will love it, and adults too!
- Bloedel Conservatory (Vancouver) – with over 120 tropical birds flying amongst the trees there is lots to see in this indoor conservatory. Take the time to read the information boards and learn not just about the exotic birds, but also about the tropical and subtropical ecosystems these birds live in. Or spend some time in the healing garden to awaken all your senses.
- Westham Island Herb Farm (Delta) – this little farm is located on a small island in South Delta. Purchase homemade preserves, fresh cut flowers, bedding plants, and herbs. Check out the pumpkin patch as well as the donkeys and chickens while you're there.
- UBC Greenheart Tree Walk (Vancouver) – located in the University of BC botanical gardens, this 310-metre-long tree canopy walk hangs 20 metres above the forest floor and gives you a bird's eye view of the forest and the 100-year-old trees around you.
- Southland Heritage Farm (Vancouver) – this farm within the city is a great place to spend an afternoon. With so many farm-grown fruits, vegetables, herbs, preserves, eggs and even ice cream, there's something for everyone. Feel free to visit the goats, chickens and horses. If you bring some grain you are welcome to feed the chickens too!
- Stanley Park (Vancouver) – an old favourite, you can't go wrong with a stroll in the park or a bike ride around the seawall.