

OUTDOOR ACTIVITIES FOR THE WHOLE FAMILY

OBSTACLE COURSE

- Use anything around the house to create a race course
- Blankets, hula hoops, chairs, old wood, rope, etc
- Have races or award for best course design



HOP SCOTCH

- Learn about shapes and numbers while drawing with chalk
- Get creative and add your own hopscotch rules



SPORTS

- Chances are you have equipment lying in your garage, get out and use it!
- Play catch, soccer, badminton, frisbee, etc



PICNIC

- Whether it's in the backyard or at a park with lots of space make a meal for a picnic
- It gives you a change of scenery and something special to look forward to

