



Early Morning Instructor

Curtis Health is growing our instructor team by adding an early morning Instructor! We are looking for a Group Fitness Instructor to teach online on the Curtis Health Zoom account. If you are a certified group fitness instructor who loves **teaching classes**, **helping others** make a positive change in their fitness and health, and **being a part of a like-minded and supportive team** of fitness professionals, we want to talk to you!

Who we are- our teams at Curtis Health believe in building communities through employee participation in a healthy corporate culture. We value the contributions of each team member and promote fun and creativity in our workplaces while encouraging members to meet new challenges.

Job Requirements:

Current group fitness instructor certification (BCRPA, canfitpro, ACE or equivalent)

Current First Aid and CPR

\$2 million in personal liability insurance

Insured to teach online (additional insurance to teach recorded classes is an asset)

A laptop with decent webcam

A Wireless mic (we can help you source an inexpensive one that works well)

An appropriate location for teaching (clean background, quiet, good lighting)

A stable wifi connection, particularly a strong upload speed

*If location or mic are an issue, arrangements could be made to teach out of our Metrotower location where mic, mixer, and background are pre set.

**Applicants being considered for this position will be asked to provide scanned copies of their certifications as well as perform a short online audition.

Class Info:

- Two days a week (negotiable), 6:45-7:30am
- The name and description are negotiable but up to this point has been the following:

Breakfast Club- Come ready for anything and everything, This class offers a variety of formats and has options for every fitness level. Start your day off right!

- The participants are a tight knit group of all ages, who enjoy the social aspect of group exercise. The previous instructors have encouraged a community environment, and we're looking for someone who would be a good fit to carry this on.
- The ideal candidate for this position will have at least 2 years of teaching experience, along with the ability to teach in multiple class formats.

Rate: \$27.00-\$35.00/ class based on experience

Please submit all applications with a resume to career@curtishealth.com. Thank you.

