



Corporate Health and Wellness Personal Trainer

Curtis Personalized Health Management is currently looking for personal trainers to work with our team in a contracted position. The position we are offering will not have set or guaranteed hours, trainers will accumulate hours as they receive clients from our organization to set up training sessions.

We believe in building a community through employee participation in a healthy corporate culture. Being a part of the Curtis Health team means being a part of a supportive and motivated team of fitness minded individuals that share in a passion for delivering excellence. Our team values the contributions of each team member and promotes fun and creativity in our workplaces while encouraging members to meet new challenges.

Job Requirements:

Current personal training certification (BCRPA, canfitpro, ACE or equivalent)

Current First Aid and CPR

\$2 million in personal liability insurance

2 years experience as a personal trainer

Key Duties:

- To be punctual – arrive at least 10 minutes prior to a training session to prepare for and greet client. Lateness will not be tolerated. Start and finish session on time.
- Tracking personal training sessions through an online system and database used internally. Ensure information is kept current and all payments and transactions are processed in a timely manner.
- Trainer should not be re-scheduling or cancelling sessions with clients unless absolutely necessary.
- Under no circumstances are instructors/trainers permitted to promote activities or business ventures outside of Curtis Health. Failure to comply will result in immediate termination of your contract.

- Report any and all Member/ Facility concerns to the Manager.
- Trainer is responsible for submitting monthly invoices to the Personal Training Manager once a month.
- Ability to be mobile in and around Burnaby and Vancouver

Experience and Abilities:

- Proficiency in Microsoft Office (Word, Excel, Powerpoint)
- Strong Computer skills
- Punctual
- Detail oriented
- Demonstrates clear and concise communication skills- written and oral
- Familiar with Google Drive, Docs and Gmail
- Excellent communication and public relations skills
- A team player. Highly collaborative and collegial
- Stamina, energy, and willingness to commit to quality pro-active results
- Ability to work with minimal supervision and be self-motivated
- A personal commitment to service, ability to provide friendly, helpful, knowledgeable, and timely assistance
- Kinesiology degree an asset
- Group Fitness Certification an asset

Start Date: ASAP

Compensation: \$35 for a one hour training session

Please submit all applications with a resume to career@curtishealth.com. Thank you.

