

# Maple Cinnamon Pecan Pull Aparts

## INGREDIENTS

1. 1/2 cup chopped pecans
2. 1/3 cup packed brown sugar
3. 2 tablespoons butter or margarine, melted
4. 1/4 cup sour cream
5. 1 teaspoon maple flavour or vanilla
6. 1 can (5 count) Pillsbury™ Grands!™ Flaky Supreme refrigerated cinnamon rolls with icing



## INSTRUCTIONS

1. You'll heat the oven to 350°F. Spray the 8x4-inch loaf pan with the cooking spray cooking. Use a larger bowl, mix all ingredients except cinnamon rolls with icing.
2. Separate dough into 5 rolls; set icing aside. Cut each roll into quarters; add to pecan mixture, tossing gently to coat. Spoon roll mixture into pan.

## NUTRITION

<i>Servings</i>	12
<i>PER SERVING:</i>	
<i>Calories:</i>	240
<i>Fat:</i>	14g
<i>Sodium:</i>	280mg
<i>Protein:</i>	2g
<i>Cholesterol:</i>	10

*Recipe by Chef Lillian  
chef@foodwellsaid.com*

